

What do we already agree on? It is ideal to discuss and 'pre-agree' on as many topics as possible before mediation, where it is safe to do so.		My top 3 topics to discuss in FDR (choose from the list below)	
Below is a list of common issues or questions discussed at mediation. Highlight the topics that are most relevant for your family right now.			
COMMUNICATION <i>How will we communicate...</i> ☐ About general day-to-day care? Emergencies? ☐ About major, long-term decisions? ☐ In front of the children? ☐ With the children, including when they are not with us? ☐ What rules and boundaries will we set for our communication as parents?	LIVING ARRANGEMENTS AND SPENDING TIME ☐ Where will the children live? ☐ How will the children spend time with both of us? ☐ How will each child's week be structured? ☐ Should arrangements be short or long term? ☐ How will the children maintain relationships with other important people in their lives? (e.g. extended family) ☐ What role will other parties (like partners) play?	HEALTH <i>How will we...</i> ☐ Meet the children's health needs? (inc. special needs) ☐ Communicate about health issues? ☐ What medical services will the children use? ☐ Pay for the children's health care? ☐ Will we have private health insurance?	
CHANGEOVERS AND TRANSPORT <i>How will we...</i> ☐ Transport the children between our houses? ☐ Manage changeovers? Where? ☐ Get the children to and from school? ☐ Get the children to their commitments? (Extra-curricular activities, friends' houses, etc.)	HOLIDAYS <i>What will the arrangements be for...</i> ☐ School holidays ☐ Christmas and Easter ☐ Birthdays – children, parents, siblings, family, etc. ☐ Mother's and Father's Day ☐ Family holidays, including overseas holidays	EDUCATION AND EXTRA-CURRICULAR ☐ Where will the children go to school? ☐ What extra-curricular activities will the children do? ☐ How will we organise tutoring, if needed? ☐ How will we manage parent/teacher interviews? ☐ How will we manage homework?	
FINANCIAL ARRANGEMENTS <i>How will we pay for...</i> ☐ Health care? (Private health?) ☐ Schooling? (Fees, uniforms, books, equipment, excursions, after school care, computers, subscriptions) ☐ Extra-curricular activities? ☐ Transport?	CONSISTENCY, ROUTINE AND GENERAL CARE <i>How will we...</i> ☐ Ensure consistent parenting between both houses? ☐ What will our baseline be around discipline? ☐ How is alternative supervision/care arranged? ☐ Ensure the children are properly clothed and kept? ☐ Ensure good nutrition?	RELIGION AND CULTURE ☐ How will the children participate in their culture(s)? ☐ How will the children participate in their religion? ☐ What are our cultural and/or religious expectations for the children?	
PROCEDURAL / LEGAL ☐ Will we apply for consent orders? ☐ Who will be responsible for the application? ☐ How will we pay the legal costs? ☐ Do we need to change our wills and estate plans?	FUTURE CHANGES ☐ How will we make changes in the future? ☐ Change of work hours? ☐ Change of children's activities? ☐ How will we amend our parenting orders (if applicable)?	OTHER TOPICS ☐ ☐ ☐ ☐	

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